



## **TRIME Top Tips**

1. Keep the temperature between 18-21°C turning the temperature down by 1°C will save you money. Instead put on a sweater to keep you warm
2. When a room is empty, make sure that the lights are turned off
3. You could save money by not leaving appliances on standby or on charge unnecessarily
4. Wash your clothes at 30°C whenever possible
5. Having a shower instead of a bath will reduce hot water consumption by about 50%
6. Cover your pans when you're cooking to avoid heat loss
7. Fix dripping taps as soon as possible; one hot water tap can waste the same amount of water as one hot bath in a week
8. Only boil the amount of kettle water you need and save money
9. When you replace light bulbs, consider using LED bulbs throughout your home
10. In rooms you use less often turn the heating down using the radiator valves
11. Block up draughts around windows and doors to increase thermal comfort